

ESTONIAN LANGUAGE AND CULTURE COURSE (ESTILC) 2014/2015

ORGANISING INSTITUTION'S INFORMATION FORM

NAME OF THE INSTITUTION:	SISEKAITSEAKADEEMIA (THE ESTONIAN ACADEMY OF SECURITY SCIENCES)	
ADDRESS:	KASE 61, TALLINN	
COUNTRY:	ESTONIA	
ESTILC LANGUAGE	ESTONIAN	
LEVEL COURSES ORGANISED:	LEVEL I (BEGINNER) X NUMBER OF COURSES:1 DATES: 05.01.2015-23.01.2015	LEVEL II (INTERMEDIATE) <input type="checkbox"/> NUMBER OF COURSES: DATES:
WEB SITE	WWW.SISEKAITSE.EE/ESTILC	

PLEASE NOTE THAT ALL STUDENT ESTILC APPLICATIONS FOR OUR ESTILC SHOULD BE SENT BY E-MAIL TO THE FOLLOWING ADDRESS:

katrin.pihl@sisekaitse.ee

DEADLINE FOR APPLYING: 10.11.2014

STAFF

JOB TITLE / NAME	ADDRESS, TELEPHONE, FAX, E-MAIL
CONTACT PERSON FOR ESTILC KATRIN PIHL JOB TITLE SENIOR SPECIALIST OF INTERNATIONAL RELATIONS	SISEKAITSEAKADEEMIA KASE 61, TALLINN, ESTONIA E-MAIL: KATRIN.PIHL@SISEKAITSE.EE TEL: +372 696 5402 FAX: +372) 696 5343

RESPONSIBLE PERSON FOR THE PROGRAMME KATRIN PIHL	SISEKAITSEAKADEEMIA (ESTONIAN ACADEMY OF SECURITY SCIENCES) KASE 61, 12012 TALLINN TEL: (+372) 696 5402
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PART I: GENERAL INFORMATION

• DESCRIPTION OF TOWN

- SHORT HISTORY AND LOCATION

Who wouldn't know the famous Estonian Song Festival or the letter Õ, limestone or kama, black bread or sauna!!! You don't?! Come and experience yourself what is Estonia and Estonians like!!!

Estonia is located on the coast of the Baltic Sea and as in other Nordic countries, seasons vary widely in Estonia. With an area of 45 227 km², Estonia is larger for example than Slovenia, Holland, Denmark or Switzerland. As is typical of small nations, the Estonian identity is closely connected to the language, it is natural, therefore that Estonians speak Estonian. It is used as a mother tongue by just under 1.1 million people. Estonian is one of the world's smallest cultural languages to include contemporary terminology for all major fields of life.

The history of Estonia goes back ca 11 000 years when the first inhabitants came to the coast of the Finnish Bay. The Estonians were one of the last pagan peoples in Europe, they were Christianized at the beginning of the 13th century. Once the local upper-class became Germanized, Estonians were reduced to the status of peasantry until the 19th century. Major towns in Estonia were incorporated into the powerful Hanseatic League and prospered. Since the 17th century Estonia has been ruled by the Swedes and Russians.

The National Awakening in the mid-19th century brought rapid advances in the Estonian education system and the formation of the Estonians' own cultural environment. The fall of the Russian Empire made the declaration of an independent Estonian Republic possible on 24 February 1918. Between 1918 – 1920 the War of Liberation was fought. In 1940 Estonia was incorporated into the Soviet Union. Despite systematic Russification, Estonia managed to preserve its national identity and on 20 August 1991 Estonia restored its independence.

Over a third of the nation lives in Tallinn, the capital of Estonia. Despite the forward-looking nature of the capital and its constant transformation, there is no question that the city's most valuable treasure is its medieval city centre, otherwise known as Old Town. Considering that Tallinn is the best-preserved medieval city in Northern Europe, it came as no surprise when, in 1997, UNESCO decided to add Tallinn's Old Town to its World Heritage list.

- MAIN LOCAL/CULTURAL EVENTS

Estonians, with their long tradition of song festivals dating from the time of the National Awakening in the mid-19th century, have earned themselves the title of a singing nation. Therefore, the most impressive of all Tallinn's folk traditions are the National Song and Dance Festivals, held every five years. Performed by a 25 000-member choir, these much-anticipated singing festivals echo with national songs and contemporary choral music, and are sure to leave an unforgettable impression. To read more about the song festivals go to the web

site: laulupidu.ee/english

Moreover, Tallinn has always been home to a lively cultural scene. In Tallinn there are numerous galleries, museums; festivals, sports competitions and other mass events taking place around the year. Large projects such as Old Town Days, jazz, film, theatre, art or even beer festivals have become annual traditions.

Most nightlife activity is contained in the area in and around Tallinn's compact Old Town. The advantage of this particular geographic quirk is that, instead of picking a specific destination, visitors can peek into several venues to see which has the most interesting crowds and music.

See also [Tallinn's official tourism website](#).

- HOW TO REACH TOWN (LINKS FROM THE NEAREST AIRPORT, TRAIN OR COACH STATIONS)

Arriving by air

Lennart Meri Tallinn Airport is situated 4 km from Tallinn city centre. From the airport to the city centre: Bus 2 (schedule named "Mõigu-Reisisadam" and stop "Lennujaam" means the airport) drives from 06.00 until midnight in every 20 minutes. Bus fare is 0,96 Euros, tickets are sold by the driver in the bus and at R-Kiosk in the terminal. Airport bus stop is located in front of Departure hall. Downtown bus stop is located on the A.Laikmaa street, next to Viru Keskus. There is also a taxi stop located in front of the Arrival hall.

Arriving by sea

Ferries cross the Gulf of Finland between Tallinn and Helsinki several times a day, covering the distance in roughly four hours. From late spring to late autumn, high-speed vessels also operate on the route, reducing travel time to just an hour and a half. Ferries between Tallinn and Stockholm depart every evening, with the trip taking approximately 15 hours.

From the port to the city centre: the port is located not far from the city centre. Bus nr 2 departs from the port's A-terminal for the city centre and airport approximately every 20 minutes from 6 AM until midnight. There is also a taxi stop located in front of the terminals.

- TRANSPORT IN TOWN (BRIEF INFORMATION ON THE MAIN MEANS OF TRANSPORT AVAILABLE)

Buses, trolleys and trams operate regularly from 6 AM to 23 PM. Make sure that you either have a valid ticket before getting on public transportation or that you buy one from the driver immediately upon entering. If you need to buy a ticket, enter at the front door; tickets are only sold at stops, not while the vehicle is moving. Note that tickets bought from the driver are more expensive than those bought at a newsstand.

Taxi stands are located at major intersections and in front of bigger hotels. Passengers can choose from any of the available taxis at a taxi stand. Taxis can be also ordered by phone or hailed on the street. Starting fare 2,5-5 Euros, price for 1 km is about 0,5-1 Euros. The price list for taxi services is determined by the taxi operator; that is, prices are not uniform for all taxis. In order to avoid misunderstandings, be sure that the approximate cost of the trip to your destination is clear in advance.

- **SHORT DESCRIPTION OF THE ORGANISING INSTITUTION**

The Estonian Academy of Security Sciences is a state establishment of applied higher education established in 1992 for the development and preparation of competent civil servants for the Republic of Estonia. The Estonian Academy of Security Sciences has four colleges: Police and Boarder Guard College, Rescue College, Correction College, Financial College. Approximately 1 300 students are enrolled at the Academy.

The Language Center teaches the foreign languages necessary for work related communication to future civil servants – policemen, rescue officers, border guards, corrections officers, officials of local governments and tax and customs officers. The Center also ensures the enhanced development of the acquired study methods for the purpose of further individual development and the studies of specialty language in accordance to the approved curricula. The Language Center also carries out study methodological development activity for the strengthening of the professional level of the teachers, creation of the work environment supporting language learning and creating motivation for the studies. The Language Center cooperates with different Cultural Centers and the language centers of the other establishments of higher education: the British Councils – the *Peacekeeping English Project*, the French Cultural Center, the German Cultural Institute/Goethe Institute, the Estonian Ministry of Education and Research, the Language Inspectorate, the State Exam and Qualification Center, the Non-Estonians' Integration Foundation; the language centers of Tallinn Technical University, Tartu University, Estonian University of Life Sciences, Estonian National Defense College; the test group of the General Staff of the Estonian Defense Forces, the language center of Helsinki University.

The prerequisites for effective language learning at the Estonian Academy of Security Sciences include a study

environment which motivates the students and language teachers with high qualifications.

The web-page of Estonian Academy of Security Sciences: www.sisekaitse.ee/eass

The web-page of the ESTILC course: www.sisekaitse.ee/estilc

- **ACCOMMODATION**

- SHORT DESCRIPTION OF THE ACCOMMODATION OFFERED (HOTEL, APARTMENTS, STUDENT HALLS, OTHERS; IF THERE ARE COOKING FACILITIES) AND ON THE RENT TO BE PAID PER WEEK

Students will be accommodated in the halls of residence of the Estonian Academy of Security Sciences (Kase 61). Mostly twin rooms (sometimes also three-bedded rooms) are provided with the most necessary equipment (bathroom, access to kitchen etc.).

Students' residence of the Estonian Academy of Security Sciences:

Price: 4 Euros/1 night

Rooms: Shared rooms (2 or 3 people in a room)

Location: At the campus

Distance from the city center: Max 20.minutes with the bus

Distance from the academy: 0 minutes

Linen, blankets and pillows: Yes

Kitchen: Yes

Common room: Yes

Bathroom: Shared (3-4 people)

Paying: Cash and Card

- **MEALS**

- SHORT DESCRIPTION ON THE SERVICES OFFERED (UNIVERSITY CANTEENS, RESTAURANTS, BARS, OTHERS)

There are several cafes, pubs, restaurants and cafeterias in the city centre and near the halls of residences.

Finding an interesting, affordable place to eat in Tallinn is easy, especially given the culinary boom the city has seen in the last few years. The city's restaurants cover the whole spectrum from traditional Estonian food to cutting-edge fusion, with a good amount of ethnic fare thrown in. Many cafés, bars and pubs also offer full-fledged meals, usually at a lower price.

Supermarkets are open every day from 9 AM until 23 PM, some petrol stations 24 hours.

During the winter course, Academy's own canteen is also open, which offers affordable (price range 1-4 EUR) meals for every taste.

- **RECEPTION OF STUDENTS**

- **MEETING POINT (PLACE, DATE AND TIME OF FIRST MEETING - FOR EACH COURSE WHERE DIFFERENT)**

Winter Course: The students should arrive before 5th of January. All students will be picked up upon arrival by Estonian students or by the ESTILC course team. **The first meeting will be at the Estonian Academy of Security Sciences (Kase 61) on 5th of January 2015 at 11.00 a.m.** On that meeting the ESTILC students will obtain a "survival kit" with all the important telephone numbers and addresses, a city map, brochures about Tallinn etc, also introduction and further details of the course will be provided.

- **EXTRA ACTIVITIES**

- **SITE VISITS**

The ESTILC students will have the opportunity to visit different attractions in Tallinn for example Old Town, Estonian parliament (Riigikogu), Pirita, learn Estonian folk dance, visit the theatre etc. Excursions will take the participants to different small Estonian cities, like Pärnu, Võru, Viljandi. Those cities have a lot to offer but are not the typical cities that an Erasmus student would normally visit. There is a possibility to learn about the subjects taught in Estonian Academy of Security Sciences as well as meet with students from different Estonian higher education institutions. Also students will have the possibility to try themselves in some sport competitions and just to have fun.

- SPORTS FACILITIES (SWIMMING, TENNIS, GYMNASIUM; OPENING DAYS AND AVAILABLE INFORMATION)

There is a possibility to use the gym of Estonian Academy of Security Sciences (Kase 61) with different body building and fitness machines and a boxing ring, to play basketball as well as volleyball and open-air football. In the city one can find several public sports facilities: fitness centers, swimming pools, open-air roller-skating ramps and basketball courts.

- ENTERTAINMENT (CINEMA, THEATRE, ETC.; BRIEF INFORMATION ON PLACES AND STUDENT FACILITIES)

There are different theatres, museums, exhibition and concert halls, cinemas as well as variety of night clubs, pubs and live music lounges in Tallinn. Shopping centers are situated all around the city, big department stores and small boutiques are converged mainly in the city centre.

If you wish to find out more, click on:

[Sightseeing and culture event;](#)

[Nightlife in Tallinn;](#)

[Shopping in Tallinn.](#)

Note: where more than one course is organised at each level, this form should be copied and completed for each course

PART II: COURSE(S) DESCRIPTION

COURSE NO:

LEVEL:

I: Beginner course

II: Intermediate course

	FROM...	To...
PERIOD:	05.01.2015	23.01.2015

● **LANGUAGE COMPONENT**

- SHORT DESCRIPTION OF LANGUAGE COMPONENT: OBJECTIVES AND TEACHING METHODS

The main aim and objective of the course is to provide the students with the knowledge of the Estonian language sufficient for coping in everyday situations and to give them the basics that would enable them to continue their studies of the Estonian language.

More precise:

Enable the student to improve both, their ability to communicate and their linguistic competence in Estonian language.

Enable the student to understand the nature of language and the process of total language learning, which comprises the integration of linguistic, cultural and social components

A balance of receptive (reading, listening) and productive (speaking, writing) skills are developed.

All courses will give an insight into the Estonians culture and society through communicative classes self-study and through access to varied sources of information. Through discussions ESTILC provides the students with the background knowledge about Estonia and Estonians.

Encourage an awareness and understanding of the perspectives of people from other cultures.

Foster curiosity, a lifelong interest and enjoyment in language learning.

The teaching methods:

There will be used classical and modern approaches. The teaching methods are: listening and reading of various dialogues and short texts; doing grammar and communication exercises; role playing; playing creative games which require language; listening to music and watching movies; singing Estonian folksongs and popular songs. There will be intensive alive communication with minimum use of written materials

Study materials:

Note: where more than one course is organised at each level, this form should be copied and completed for each course

The basic text book of the course is *E nagu Eesti* by Mall Pesti and Helve Ahi (textbook, teacher's book, word cards), also additional material compiled by the language teachers and phrasebook *Tea minitaskusõnastik* will be used.

- **SUBJECT-SPECIFIC LANGUAGE ELEMENTS**

YES **NO**

(e.g. special modules for students in particular disciplines)

IF YES, SPECIFY:

The topics of the course are the following: introducing people, countries, languages and nationalities, colours, numbers, days of the week, months and dates, personal details, personal possessions, family, jobs, daily routines, getting around town, weather, seasons, asking the way.

The course is divided into three parts:

1. *First week:*

Personal data- introducing yourself: name, address, telephone, age, gender, citizenship, countries, family, professions.

2. *Second week*

Telling time: numbers, days of the week, months and dates

Characterizing the environment: different colours, objects, people's appearance and character, describing rooms and places, seasons and the weather, languages,

Describing their home country: all the students are doing a presentation about their home country – history, culture, language, people.

3. *Third week*

Getting around town: Going to the post office, library, shopping, asking the way in the city.

Daily routines: favourite sports, activities, hobbies.

Preparing for the last performance.

Note: where more than one course is organised at each level, this form should be copied and completed for each course

- DURATION

TOTAL NUMBER OF CLASSES	70 h.
HOURS IN CLASSROOM	60 h.
HOURS OF PRACTICE CONVERSATION/LANGUAGE LABORATORY	10 h.
OTHER (PLEASE SPECIFY)	

- ASSESSMENT (SPECIFY IF THE ASSESSMENT IS MADE BY WRITTEN/ORAL EXAMINATION, ASSIGNMENT, ETC.)

Evaluation in this course is a process and not an assessment or an exam carried out at the end of the course. Thus evaluation is carried out on a daily basis and active participation in the classes (dialogues, conversation groups, group work etc.), completion and timely submission of home assignments, individual acquisition of the Estonian language outside the classes etc. is taken into account. The opinion of the learner evaluating himself/herself of their acquired language skills, the self-analysis of the learner involves how and what has been learned, what was the role of the learner in the language learning process, how does the learner evaluate his/her language skills are all an essential part of the evaluation process.

• COURSE FACILITIES

- TEACHING AIDS

<input checked="" type="checkbox"/> AUDIO/VIDEO MATERIALS
<input type="checkbox"/> COMPUTER/SOFTWARE
<input checked="" type="checkbox"/> HANDOUTS/PRINTED TEXTS
<input type="checkbox"/> TRANSPARENCIES
<input type="checkbox"/> OTHER : (SPECIFY)

- LIBRARY

YES NO

IF YES, SPECIFY:

TIMES	08:00-17:00; 09:00-15:00
OPENING DAYS	MONDAY-FRIDAY; SATURDAY

Note: where more than one course is organised at each level, this form should be copied and completed for each course

ADDRESS	KASE 61, TALLINN
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- LANGUAGE LABORATORY

YES NO

IF YES, SPECIFY:

TIMES	
OPENING DAYS	
ADDRESS	
COST	

• CULTURAL COMPONENT

- SHORT DESCRIPTION OF THE CULTURAL ELEMENTS INCLUDED IN THE COURSE: OBJECTIVES AND TEACHING METHODS

The aim of the cultural program is to introduce historical context, political actualities and cultural heritage of Estonia. The cultural program is built up for students with little or no knowledge about Estonia, Estonian language and people helping them to survive, get acquainted and understand the new culture. The students will have different introducing lectures about Estonian politics, educational system. We will visit Estonian Parliament; meet with some member of the Parliament. We will show different historical films. We try to give the students the possibility to see Estonian life- national folkdance lesson and Estonian traditions. There will have an international dinner where we serve typical Estonian meals. We will visit different small Estonian cities, like Pärnu, Võru, Viljandi. Those cities have a lot to offer but are not the typical cities that an Erasmus student will visit. There are quite a lot of “non-official” events with EPSA tutors organized by the tutors themselves, that show the student life of Estonians in Estonia.

- DURATION

TOTAL HOURS OF ACTIVITIES	60 h.
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• TEACHERS AND SUPPORT STAFF

	NUMBER OF...:
<input type="checkbox"/> TEACHERS	1

Note: where more than one course is organised at each level, this form should be copied and completed for each course

<input type="checkbox"/> ADMINISTRATORS	1
<input type="checkbox"/> STUDENTS	3